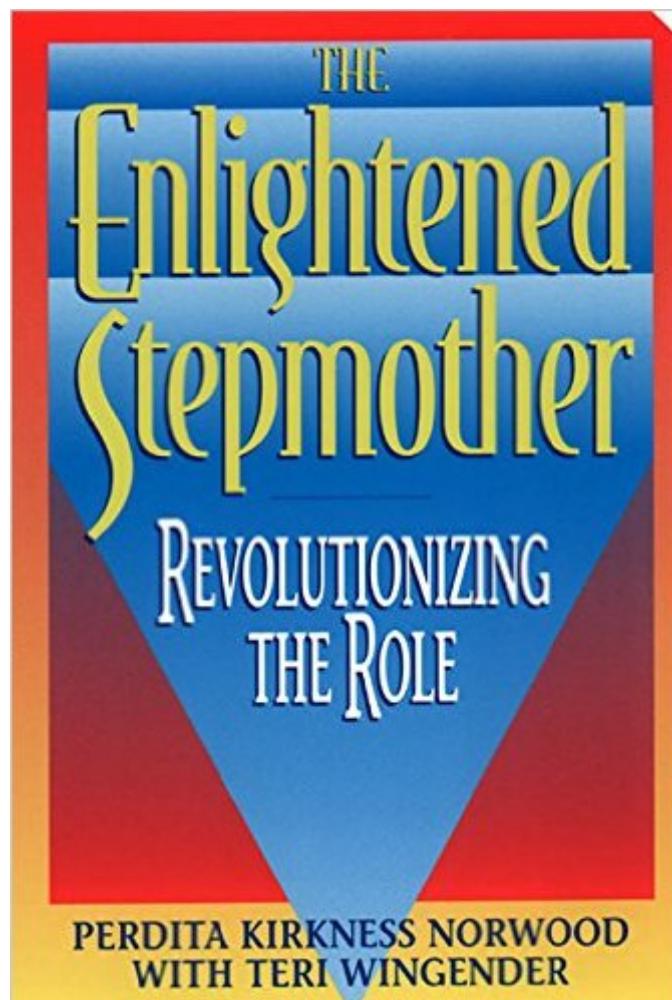


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# The Enlightened Stepmother: Revolutionizing The Role



## **Synopsis**

Becoming a stepmother is a life-altering event in any woman's life. The issues are extraordinarily complex and women are overwhelmingly unprepared. Yet concerns usually focus on the effect remarriage has on the children. The Enlightened Stepmother approaches the subject from a totally new perspective -- that of the stepmother. Based on information -- sometimes controversial -- from stepmoms of all ages, occupations and lifestyles, who know from experience what works, what doesn't and why -- What you need to know about your new family before you become part of it. How to get off to the right start. (It's hard to change a relationship once you've taken the path of least resistance.) How to prevent, rather than cure, the stepmom's classic pitfalls. What you need to recognize about your relationship with your husband's children. How to handle relationships between your kids and his. Why you need to give your marriage top priority. How to make sure others are aware that this is your life too. Why you need to develop a working relationship with your stepchildren's mother. How to understand the inevitable stages every stepfamily passes through. How to overcome the guilt of not loving -- or even liking -- your stepchildren. How to avoid feeling guilty in circumstances over which you have no control. Why a successful stepfamily is as unique as every stepmom. AND MUCH MORE

## **Book Information**

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## **Customer Reviews**

"The Enlightened Stepmother" is an amazingly thorough look at the life of the stepmom, including her fears and worries, her problems and challenges, and a realistic assessment of her chances for

happiness. Mrs. Norwood takes a stance that stepmoms everyone can understand, calling us "one of the last social groups still in the closet." She says that we are "new pioneers" because society still often has a misunderstood and unfavorable view of the stepmom -- the wicked woman who takes mom's place and isn't to be trusted. This prevailing stereotype makes life even harder for the stepmom who is insecure or unsure of her place in the family. Mrs. Norwood's book helps that stepmom with a straightforward, in-depth and honest investigation into her life. "The Stepmom's Quick Primer" at the beginning of the book gives the reader "twelve essential gems of wisdom." These brief items give to-the-point advice and inspiration to the struggling stepmom. It's just the beginning to a lengthy analysis of all aspects of the stepmom's life. The book is divided into four parts. Part 1, "Getting to Know You," focuses on the stepmom's view of herself and her stepfamily. The author helps the reader explore exactly what her role, rights and responsibilities are and understand her expectations. Part 2, "Relationships," encourages the stepmom to apply the same research that she applied to her own feelings to the other people in her life, to learn directly what everyone feels and what they expect instead of relying on preconceived perceptions. Part 3, the "Lifestyle and Practical Matters" section, covers those day-to-day concerns that can't be left to chance: the wedding, custody and visitation, discipline, holidays, school, money and more. This section includes the very helpful "Stepmom's Legal File.

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